

Did you know...

According to the 5 senses, we learn...

- 1% through taste
- 1.5% through touch
- 3.5% through smell
- 11% through hearing
- 83% through seeing

After 30 days, we remember...

- 10% of what we hear
- 15% of what we see
- 20% of what we hear and see
- 40% of what we discuss
- 80% of what we do
- 90% of what we teach others